



Buccal Fat Pad Removal Post Care Instructions

A buccal fat removal (lipectomy) patient may experience facial swelling following surgery. However, the swelling will dissipate on its own within about two to three weeks. After the swelling stops, the lower face will appear thinner and more contoured.

At all times, you must always wear the head wrap or face bra for 7 days. You are allowed to take breaks and during your 2nd week of recovery, wear it only at night.

It generally takes about 7 to 10 days for the tissues inside the mouth to recover following buccal fat pad removal. As such, a patient may need to maintain a soft or semi-liquid diet in the first few days after surgery.

A special mouth rinse is recommended for use after a buccal lipectomy. The rinse with antibacterial mouth wash or Listerine with Zero Alcohol can help reduce a patient's risk of infection and should be taken as directed.

Some patients receive medication to help accelerate the healing process or lower the risk of infection after a buccal fat pad removal procedure. Any medication should be taken as prescribed. If a patient experiences any side effects when taking medication after a buccal lipectomy, this individual should notify their doctor immediately.