



Sculptra® Treatment Aftercare

Sculptra (polylactic acid) is a product used to fill defects of the soft tissue layers of the body. Sculptra is a collagen stimulator that causes a reaction in the soft tissue resulting in the formation of new collagen. Sculptra is ultimately absorbed about 2 years after treatment; the new collagen layer may last 2 or more years. When using Sculptra, a series of treatments may be necessary to achieve adequate filling.

What can I expect after treatment?

Immediately following a treatment session with Sculptra, redness, swelling, pain, bruising or all of these signs can happen in the treatment area. These signs usually go away in a few hours to a few days. Some have been known to last up to 17 days.

***Firmly massage the treated areas for 5 minutes, 5 times a day for 5 days after the treatment session. ***

Within the first 24 hours after treatment, an ice pack should be applied for a few minutes at a time to the treatment area to help reduce swelling. Wrap the ice in a cloth and avoid putting ice directly on your skin.

Avoid excessive sun and UV lamp exposure until any initial swelling and redness has resolved.

How quickly can I get back to my daily activities?

Most patients feel comfortable going back to their normal activities following treatment.

When will I be able to apply make-up after treatment?

Make-up may be applied a few hours after treatment if no complications are present (for example, open wounds or bleeding).

What are the possible side effects of treatment with Sculptra?

The most common side effects with the use of Sculptra include injection-related side effects at the site of the injection such as bleeding, tenderness or pain, redness, bruising, or swelling. These side effects generally last, on average, 3 to 17 days.

One possible delayed side effect with Sculptra can be small bumps under the skin in the treated area. These small bumps may not be visible, and you may notice them only when you press on the treated skin. These bumps tend to happen within the first 6 to 12 months after the first treatment, and often resolve on their own. Visible bumps, sometimes with redness or color change to the treated area, have also been reported.

As with all procedures that involve an injection through the skin, there is a risk of infection. Report any side effects to us.